

Kadernormen Saison 2021/2022:

Basis: Rudolph-Tabelle 2017

weiblich			Freistil						Brust		
Altersklasse	Jahrgang	Rudolph-Punkte	50	100	200	400	800	1500	50	100	200
AK 12	2009	9	00:31,58	01:08,69	02:30,05	05:14,11	10:56,14	21:21,05		01:26,65	03:06,38
AK 11	2010	7 (200m/ 400m Lagen 6 Punkte)	00:33,63	01:13,90	02:40,27	05:41,02	11:44,27	23:09,85		01:32,78	03:21,88
AK 10	2011	5 (200m Lagen 3 Punkte)	00:36,59	01:21,34	02:57,12	06:13,82				01:41,72	03:39,51
AK 09	2012	3 (200m Lagen 3 Punkte)	00:39,87	01:29,51	03:19,38				00:52,49	01:55,55	
			Schmetterling			Rücken			Lagen		
			50	100	200	50	100	200	200	400	
AK 12	2009	9		01:15,70	02:48,65		01:16,54	02:45,56	02:47,33	05:58,57	
AK 11	2010	7 (200m/ 400m Lagen 6 Punkte)		01:21,82	03:05,12		01:23,03	02:59,12	03:03,28	06:32,87	
AK 10	2011	5 (200m Lagen 3 Punkte)		01:30,20			01:32,84	03:20,43	03:25,43		
AK 09	2012	3 (200m Lagen 3 Punkte)	00:44,41			00:46,89	01:43,22				

männlich			Freistil						Brust		
Altersklasse	Jahrgang	Rudolph-Punkte	50	100	200	400	800	1500	50	100	200
AK 12	2009	7	00:31,22	01:08,28	02:29,87	05:10,58	11:14,54	21:03,10		01:26,79	03:06,99
AK 11	2010	6 (200m/ 400m Lagen 5 Punkte)	00:33,74	01:13,83	02:43,58	05:42,20	11:51,41	22:49,59		01:35,70	03:25,32
AK 10	2011	4 (200m Lagen 2 Punkte)	00:36,61	01:22,41	02:58,60	06:10,50				01:44,29	03:44,37
AK 09	2012	2 (200m Lagen 2 Punkte)	00:40,47	01:30,48	03:21,08				00:52,63	01:57,47	
			Schmetterling			Rücken			Lagen		
			50	100	200	50	100	200	200	400	
AK 12	2009	7		01:15,14	02:49,60		01:17,32	02:46,01	02:46,84	05:56,33	
AK 11	2010	6 (200m/ 400m Lagen 5 Punkte)		01:22,51	03:06,13		01:24,11	03:01,02	03:03,19	06:35,31	
AK 10	2011	4 (200m Lagen 2 Punkte)		01:32,03			01:32,61	03:19,19	03:26,39		
AK 09	2012	2 (200m Lagen 2 Punkte)	00:45,46			00:47,52	01:44,28				